

# Sicily

## The Flavoursome island



**May 17** Arrival in Catania meet your driver and enjoy a private transfer to your hotel in Noto or Siracusa area.

### Day 2 May 18 Ragusa Modica

After breakfast private transfer to **Ragusa Ibla**, city of ancient origins and a fine example of the Sicilian Baroque. At Ragusa Ibla or the current Old Town readers, curious visitors can choose who and what to hear and see. You can appreciate the splendours of the baroque like Cathedral of St. G. Batista or the incredible place of Piazza Duomo, the elegant conversation Club. Visit of **the farm producing cheese**, to watch the production of cheese. The farm is located in the countryside ibla around a landscape of olive groves, carob trees and dry stone walls, where it is located and operates the cultivation of fodder, breeding of dairy cows for the production of typical cheeses Iblei. Tasting local products. Transfer to **Modica**, built on the walls of a quarry of scenic grandeur. Do not miss the beautiful churches that have made the city another jewel of the Baroque Siciliano: St. George, St. John, St. Peter. Time to taste the seductive **Chocolate of Modica**, called the "food of the gods", prepared according to the ancient Aztec tradition, imported from the Spanish in 500. Return to Siracusa

### Day 3 May 19 Etna and Sicilian Coffa Craft Experience

Breakfast in hotel. Transfer to **Etna**, with its 3340 meters is the highest active volcano in Europe, and offers a picturesque view of the sea to the Gulf of Taormina and the Aeolian Islands. . Wine tasting and lunch in wine cellars, the road zigzags and moseys along fruit trees, a chestnut grove and a great variety of rose bushes, lying around the ancient family castle " Villa Nicolosi", at 550 metres above sea level, in the idyllic countryside setting of lush vineyard-covered slopes of the Etna foot-hills.

*"I cannot think of another place in the world where it would be possible to drink a glass of wine surrounded by "alberello" vines on terraces made from lav and in such wonderful scenery: on one side the imposing, snow-white peak of Etna, on the other side, the sea glinting under the rays of a warm southern sun"*

In the afternoon discover the beauty of one of Sicily's most iconic artisanal traditions through a hands-on, creative experience. The **coffa**, once a humble handwoven basket used by farmers and fishermen, has evolved into a true symbol of Sicilian identity and, today, a glamorous fashion accessory appreciated worldwide. Guided by a local artisan, guests will take part in the art of decorating their own **traditional Sicilian coffa**, learning about its history, materials, and cultural significance. Each participant will personalize their basket using **lace, traditional crochet decorations, colorful pom-poms, and authentic Sicilian details**, transforming it into a unique piece that reflects their own style. This immersive experience blends craftsmanship, creativity, and storytelling, offering a meaningful connection to Sicily's heritage while celebrating contemporary design. At the end of the workshop, guests will **take home the coffa they have created**, a timeless souvenir and a tangible memory of an authentic Sicilian moment.



#### Day 4 May 20 Siracusa

The morning begins with a visit to the picturesque local market, winding through the alleys of **Ortigia**, seeing the typical Sicilian products. Meeting with Signora Fiora, who will demonstrate the preparation of two classic Sicilian dishes. After the dishes prepared will be served for lunch.



In the afternoon guided tour of **Ortigia**, the historical centre of the city of Siracusa. Mediterranean island of ancient Greek temples, labyrinthine medieval streets and flamboyant Baroque palaces set in a turquoise sea. You can also visit the ancient Jewish quarter "**Giudecca**" to admire the Jewish ritual baths. Private visit of **MASSIMO IZZO** showroom and laboratory, designer and creator of high-end jewelry inspired by Mediterranean culture. The marvellous Sicilian heritage with its charm and history give roots to Massimo's creations. His collections evoke a magic world of astonishing colors and entralling shapes, crafted by the finest Italian jewelry school. Diamonds, In the Sicilian Lacets collection, grandmothers' crocheting tradition at the beginning of the 19th century inspire refined rings with white and yellow gold filigrane, diamonds, Sardinian and Japanese coral.

#### Return to your hotel Day



#### Day 5 May 21 Siracusa oil tasting Noto

After breakfast private transfer to Tenuta near Siracusa area for Oil tasting. It is situated at an altitude of 300 meters above sea level. The organic Extra Virgin Olive Oil D.O.P. CAVASECCA is obtained solely from olives grown on the estate, in full compliance with methods provided by the organic farming system. The Protected Designation of Origin guarantees the validity of the declared origin, of production rules observation and of the nutritional and organoleptic qualities. P.D.O. is not simply an acronym, it is a VALUE.



The ancient and fertile Contrada CAVASECCA is located at the beginning of Iblei mountains, delimiting the Siracusa countryside. Inhabited since Neolithic times, during the Greek Age it was a forced passage between Syracuse and the sub-colonies of Akrai (now Palazzolo Acreide) and Kasmenai (now Monte Casale). The location, the richness of the soil, the estate's proximity to the UNESCO protected sites of Siracusa and Pantalica Necropolis, the valley of Noto with its Baroque architecture, make this a land where thousands of years of history are seasoned by the ancient tradition and expertise of olive cultivation.

**Tasting of the best Sicilian Extra virgin Olive Oil and typical lunch cooked** with fresh produce picked from the family. Transfer to **Noto**. A Unesco world heritage site, Noto is the pearl of Baroque art in Sicily. Its centre area is quite a salon, with the theatre and the sumptuous palaces, and between them that one of Villadorata stands out with its rich floral decorations supporting the balconies.

Return and overnight stay



## Day 6 May 22 Palermo

Breakfast in hotel and transfer to Palermo to visit the historical city centre of **Palermo**: the Four Corners, The Theatre Massimo and the twelfth century Cathedral of Palermo, Palermo's extravagant baroque square. Stop en ruote in **Bagheria** Lunch at restaurant "I Pupi" its name from the sandstone's monsters at Villa Principe di Palagonia, the so called "Pupi" that will see the beautiful ancient streets of the historical centre . Transfer to hotel Dinner at hotel

## Day 7 May 23 Palermo

Breakfast in hotel and meeting **Anna Modica**, on the other hand, a law teacher, is also an "ambassador" of a sentimental Sicily, whose kingdom is her dining room



at Palazzo Notarbartolo in Palermo, where she organizes lunches and cooking classes. "To understand a place you have to enter and eat in the homes," she explains, knowing that tourism is the future of the region. "We have raw materials, art, culture, beauty, and gastronomy. If we learn to use them well, Sicily will become an incomparable gem."

Explore the fascinating city of Palermo, which was ruled by both the Normans and the Arabs—a unique and brilliant convergence of western and eastern influences! Begin with the Duomo, erected in 1185 on an earlier Byzantine basilica, and to which an additional layer was added by each new ruling dynasty, admiring its splendid architecture and decorations. Then, for a true taste of Palermo, head to the Capo street market and experience the cacophony of voices, flavors, scents and colors, where you will seem to have left Italy for the Middle East



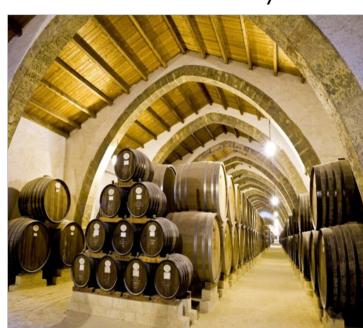
## Day 8 May 24 Erice Marsala



Breakfast in hotel. Transfer to transfer to **Erice** where you will enjoy a leisurely day in this mediaval town, which offers spectacular views of the Mediterranean Sea and the salt depot of Trapani. Then, Going along the Marsala road, the first thing to be seen is the **Nature Reserve of the Salt Pans of Trapani and Paceco**. The white heaps of salt around old windmills look like stone sentries guarding this wonderful nature

Lunch at restaurant "Trattoria del Sale" where you will admire a unique landscape. Transfer to **Marsala** to visit THE FLORIO CELLARS are located

in Marsala, in a magnificent corner of Sicily overlooking a coastline rich in history. In fact, 1773 saw the arrival by sea of an Englishman named Woodhouse who is credited with the birth of



Marsala wine, however this wine owes its fame to the Florio family, who in 1833 embarked on their adventure building a winery in the city, close to the English ones: the Florio Cellars. A fascinating architectural complex built entirely from tuff, with a beauty and grandeur that takes visitors by surprise: each nave is 165 metres long and there are 104 arches stretching over 1,400 half-barriques and about 600 barrels and vats of various capacities.

Visit and wine tasting. Return to hotel and overnight stay

Day 9 May 25 Breakfast at hotel and check out